

Courses in English Course Description

Department	11 Applied Social Sciences
Course title	Counseling
Course number	0391
Hours per week (SWS)	3
Number of ECTS credits	5
Course objective	In this course students acquire sound knowledge of the significance and qualification profile of counseling in social work. They get to know the relevant counseling theories and approaches. They develop a professional attitude for counseling situations appropriate to the field of social work and work out a reflected concept of counseling. They can use intervention techniques such as active listening and gain awareness of the effects of different intervention techniques. The students will be able to conduct a conversation with individuals and families, clarify the task and context, and apply methods of problem analysis. They can structure the counseling process, formulate verifiable goals and action steps, and reflect on and evaluate their counseling performance.
Prerequisites	Basic command of English and interest in counseling processes.
Recommended reading	John McLeod: An introduction to counseling; John McLeod: The counsellors's workbook - developing a personal approach; John McLeod: Counselling skills a practical guide for counsellors and helping professionals
Teaching methods	lectures, online self-stud, roleplay, group discussions
Assessment methods	Casework
Language of instruction	English
Name of lecturer	Prof. Emily Engelhardt
Email	emily.engelhardt@hm.edu
Link	
Course content	Since many addressees of social work are not German-speaking, it is necessary for social workers/counselors to be able to conduct counseling interviews in English as well. We will practice this in this seminar. Therefor, you will find a benevolent and error-friendly atmosphere in the course. Further information can be found on the Moodle page: Methoden Beratung BA Soziale Arbeit (coordination Nitsch), a password is required: Methoden_Beratung
Remarks	This course is conducted in English. Nevertheless, it is possible to deliver certain parts in German. This mainly concerns the performance record (Leistungsnachweis), but also situations in which the usage of a foreign language might represent hurdles.