

Courses in English Course Description

Department	13 General and Interdisciplinary Studies
Course title	Emotional Intelligence and Empathy in Leadership
Hours per week (SWS)	2
Number of ECTS credits	2
Course objective	<p>This course introduces students to the foundations of Emotional Intelligence (EQ) and Empathy and how they are generally manifested in the workplace. It will specify the four core principles of EQ and how they affect decision-making processes and an individual's behaviour toward themselves and colleagues.</p> <p>This course aims to provide students with:</p> <ul style="list-style-type: none">An introduction to human emotionsAn understanding of how emotions influence how we think, act & feelThe ability to read emotions in both themselves and othersThe ability understand how EQ affects our decisionsThe ability to both communicate and manage emotionsAn opportunity to immerse themselves in a simulated workspace and explore emotions safely
Prerequisites	
Recommended reading	The course literature and learning material will be made available on week-to-week basis. It will constitute written text, audio and video material all related to EQ and Empathy.
Teaching methods	
Assessment methods	The course includes different components that constitute the final grade, first and foremost is active participation, which is crucial for this class to be a success. The nature of this course is practical and is to help students think outside of the box, speak up and reflect on personal experiences. Assignments will help prepare and open student's minds to different forms of learning. Finally, the final activity is key to the first part of the Final Reflection Paper, while the other part is to reflect on the course and self-growth. The paper is due 1 week after the course is completed.
Language of instruction	English
Name of lecturer	Kholoud Khalifa
Email	
Link	
Course content	This course will look at the elements of human emotion, how they are expressed, how they are managed and how they influence our work decisions. By identifying emotions, students will be able to understand powerdynamics, negotiations and body language. It will also give students the opportunity to explore their own level of EQ and empathy in the work sphere during role-plays.
Remarks	Regular attendance at the lectures is essential.