International Office

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Hochschule München University of Applied Sciences

# Welcome to Munich!

### Cultural Guide for the Winter Semester



Servus - and a very warm welcome to Munich, the capital of Bavaria! We hope you will fall in love with our beautiful city and the surrounding area and take full advantage of all that there is to do. We are sure you will have an amazing time and hope you find the information here helpful.

Your International Office Team

# Food and drink

#### Cafés

#### Gans am Wasser

This outdoor café sits on the edge of Mollsee, a small lake in the middle of Westpark. Its bohemian vibe, with colourful benches and tents, is the perfect place to enjoy a coffee and a piece of cake. In the evenings, there are different events like storytelling and concerts. It is open all year round and is also home to a Christmas market in the winter. You can combine your visit with a walk in the park.

Siegenburger Strasse 41, 81373 Munich www.gansamwasser.de

#### Café Hüller

This café is perfect if the weather is bad as it is close to the River Isar, the Deutsches Museum and the Müller'sches Volksbad. Eduard-Schmidt-Straße 8, 81541 Munich www.cafe-hueller.de

#### Lost Weekend

This is one of the best spots for students and culture. During the day, it is the perfect place to study, offering free internet, a light and airy space, close proximity to the university, friendly staff and delicious cakes and drinks! The vegan coffee shop also serves a simple breakfast and a daily lunch and dinner dish. In the evening, it hosts cultural events such as concerts, debates and theatre performances. Schellingstrasse 3, 80799 Munich www.lostweekend.de

#### Der Verrückte Eismacher

(literally: The crazy ice-cream maker) This charming ice cream shop serves all kinds of flavours, from traditional chocolate to the more exotic beer or pizza - but don't worry, you can try before you buy! The cafe is designed to make visitors feel like they're entering another world. The name itself was inspired by The Mad Hatter from Alice in Wonderland, decked out in top hat, bow tie and red coat, and the proprietor, Matthias Münz, dresses the part. Fun fact: Matthias graduated from HM in 2012.

Amalienstrasse 77, 80799 Munich www.dvem.de

#### Beer gardens

Munich has a beer garden for everyone. From the buzz of the city centre to an idyllic lakeside setting, you can explore them in all their glory at: www.munich.travel/en/topics/eat-drink/beautifulbeer-gardens-in-and-around-munich

And here you can find some top tips for the perfect beer garden experience: www.muenchen.de/int/en/restaurants/ beer-gardens.html



### Restaurants

#### Augustiner Keller

This is one of the oldest restaurants and beer gardens in Munich. Here you can relax and enjoy the Bavarian sunshine under one of the 100 chestnut trees. They also have a cosy Bierstüberl (snug), an impressive Festsaal (banqueting hall) and a unique Lagerkeller (storage cellar) eight metres underground. Come to enjoy traditional Bavarian cuisine alongside other international specialities.

Arnulfstrasse 52, 80335 Munich

www.augustinerkeller.de

#### Pizzesco

This small, cosy pizzeria is near Müller'sches Volksbad. They offer home-made desserts and a wide variety of tasty pizzas, including gluten- and lactose-free options. Top tip: after your pizza, sample some handmade ice cream at True&12 right next door. Rosenheimer Strasse 12, 81669 Munich www.pizzesco.com

#### Steinheil 16

This has been home to one of the biggest and best schnitzels in the city for over 20 years. It is located in the heart of Maxvorstadt, close to the Pinakothek museums and Königsplatz. Steinheilstrasse 16, 80333 Munich www.steinheil16.de



# Nightlife

Footballers, musicians and the media elite: Munich's nightlife is swarming with celebrities. The city offers a large selection of bars and nightclubs for every taste and budget: www.arrivalguides.com/en/Travelguides/ Europe/Germany/Munich/barsandnightlife

### Bars

#### Die Bierstube

Well-hidden in the Olydorf (Olympic Village) is one of the best student bars in Munich, with student-friendly prices and a relaxed atmosphere. This pub is great for anyone looking for a fun, laid-back evening. Helene-Mayer-Ring 9, 80809 Munich www.diebierstube.de

#### Goldene Bar

Ensconced in the Haus der Kunst museum, which was hidden under camouflage nets and survived the Second World War almost unscathed. In the winter, the Goldene Bar is a fancier bar/restaurant but in the summer, it is more relaxed, and you can linger on the terrace and enjoy the view of the English Garden. Prinzregentenstrasse 1, 80538 Munich www.goldenebar.de

#### Alte Utting

This old steamer once sailed on the Ammersee lake and today stands on a railway bridge in the middle of Munich. It has numerous areas in which to hang out and grab a bite, like the captain's deck, overlooking the Sendlinger sky, the bow lounge below deck, the former engine room, or the beer garden. They have a weekly cultural programme which includes concerts, comedy and spoken word events, dance lessons and yoga classes. Lagerhausstrasse 15, 81371 Munich www.alte-utting.de

#### Bahnwärter Thiel

Located right next to the Alte Utting, this cultural project on the site of the former Südbahnhof in the Schlachthofviertel features converted subway trains and tram cars, a crane with disco balls, floating gondolas, repurposed artistically graffitied shipping containers and an urban beer garden. There is something for everyone in the diverse programme of concerts, club nights, flea markets, readings, travelogues, dance classes and theatre evenings. Tumblingestrasse 29, 80337 Munich www.bahnwaerterthiel.de



### Museums

Munich is well-known for its many museums, which are well worth a visit. On Sundays, admission to some costs just €1. The following website offers further information: www.muenchen.de/int/en/sights/museums.html

#### **Deutsches Museum**

This is the world's largest museum of science and technology, with around 28,000 exhibits from 50 fields of science and technology. It was founded by Oskar von Miller, after whom one of the most important predecessor institutions of the HM was named, the Oskar von Miller Polytechnikum. www.deutsches-museum.de/en

#### Alte Pinakothek

This is one of the oldest and most important art galleries in the world and contains collections of Old German paintings by Altdorfer and Dürer. www.pinakothek.de/en

#### **Neue Pinakothek**

Outstanding works of European art and sculpture from the late 18th to the early 20th century are the focus of this museum. It is unfortunately currently closed to the public for structural repairs. A selection of 19th century masterpieces is on show on the ground floor of the Alte Pinakothek and in the Sammlung Schack. www.pinakothek.de/en

#### Pinakothek der Moderne and Museum Brandhorst

This is Germany's biggest museum of modern art and offers an extensive collection of 20th century art, including sculpture and photography. www.pinakothek.de/en

#### **BMW Museum**

This museum is located near the Olympic Park and is immediately discernible from its futuristic design, known as the 'salad bowl' or 'white cauldron'. You will learn about pioneering technology, from the historic BMW sports car and legendary prototypes, right through to studies of the automobiles and motorcycles of the future. www.bmw-welt.com/en.html

#### **Bavarian National Museum**

This is one of Europe's major art and cultural history museums. www.bayerisches-nationalmuseum.de

### Cinema

Many cinemas in Munich have screenings in English, you just need to dig for the "OV" - "Original Version".

#### Mathäser Filmpalast

Munich is home to one of the biggest cinema complexes in Germany, the Mathäser Filmpalast. The building was designed by Peter Lanz, who studied at the Munich Staatsbauschule, a predecessor institution of the Department of Architecture at HM. www.mathaeser.de/mm

#### English-language cinema in Munich

There are also cinemas that show films in their original version:

- Cinema Filmtheater München: A movie theater for movie lovers since 1975. www.cinema-muenchen.com
- Museum Lichtspiele: Munich's second oldest cinema. It is famous for screening the "Rocky Horror Picture Show" for the past 40 years.
- www.museum-lichtspiele.de Gloria Palast:

It is one of the most beautiful cinemas in Munich, with comfy lounge chairs and tasty titbits that are served directly at your seats before the start of the show.

#### www.gloria-palast.de/gp

### Music

There is a lot on offer for music fans in Munich: great festivals and concerts and world-class orchestras. For more top tips and ideas, visit: www.muenchen.de/int/en/events/music.html

#### Jazz-Club Unterfahrt

A legendary jazz club with a wide variety of jazz and pop acts to suit every taste. Having started life in a subway station, its new home in a sprawling former beer cellar at Einsteinstrasse 42 is equally atmospheric. Check the website for the latest programme information. www.unterfahrt.de

#### Backstage

Both unknown and established bands from rock through to alternative perform here, an event and concert venue since 1991. The youth club quickly became a performance venue for artists and bands, and it has since hosted well-known names from the field of alternative music. In 1999, the rapper Eminem gave his very first concert in Germany here. www.backstage.info

#### Muffathalle

This 3,000 sgm venue hosts all sorts of live concert, theatre, art, performance, multimedia and literature events. The hall and the Ampere Club are mainly used for concerts, but also for club nights. www.muffatwerk.de/en

#### **Munich Philharmonic Orchestra**

The city's world-class philharmonic orchestra offers a varied programme and attracts top-class musicians from all over the world. Founded in 1893 by Franz Kaim, the orchestra has left an indelible imprint on Munich's cultural life. www.mphil.de/en





### Theatre

Munich's theatre offering is both legendary and diverse, as the list below demonstrates.

#### National Theatre/Bavarian State Opera

Every first Monday of the month, online tickets are available for young people under the age of 30 (U30) for a standard price of €10. www.staatsoper.de/en

#### Residenztheater

This theatre is located right next to the National Theatre and offers a variety of shows. www.residenztheater.de

#### State Theatre at Gärtnerplatz

This theatre opened its doors in 1865 in Munich's Isarvorstadt on the lively Gärtnerplatz and is one of three Bavarian state theatres in Munich. www.gaertnerplatztheater.de/en/seiten/ gaertnerplatztheater.html

#### Prinzregententheater

This imposing theatre on Prinzregentenplatz in the Bogenhausen district in the east of Munich was named after Prince Regent Luitpold. www.theaterakademie.de/en

#### Gasteig

Munich's great cultural and educational centre is home to several institutions such as the Munich Philharmonic Orchestra, Munich Community College (Volkshochschule) and the Munich Library and stages many cultural and musical events. Please note that Gasteig moved in autumn 2021 due to renovation work and is known now as Gasteig HP8. https://en.gasteig.de

### Theatre for English speakers

#### Münchner Kammerspiele

This company puts on some of the most important German-language theatre and describes itself as an aesthetically innovative, contemporary and cosmopolitan municipal theatre company with a socio-political focus. Its productions usually have English subtitles. https://www.muenchner-kammerspiele.de/en/

#### The English Drama Group

Students from the Ludwig-Maximilians-Universität perform popular stage plays twice a year (at the end of a term) that are directed by a native-speaker lecturer from the English Department.

www.instagram.com/english.drama.group

#### Pasinger Fabrik

This cultural centre periodically hosts English-language drama groups. It also offers music, visual arts, historical and social events and exhibitions, as well as workshops for adults and children. Please check the programme on the website for up-to-date information. www.pasinger-fabrik.de

#### **English Improv Theater**

Having attended and met at a local improvisation workshop in 2011, three actors decided to make improv a more permanent part of their lives by forming their own group. www.bakethis.de/events

Further information on theatre for English speakers is available at: www.muenchen.de/int/en/events/theatre-dance-

opera/english-speaking.html

## English bookstores

If you're staying here for a longer period of time and are not proficient in German, there are several bookstores in Munich that sell English-language books. Some are listed below:

#### Hugendubel

This bookstore at Marienplatz carries a good selection of English books. www.hugendubel.de/de/branch?branchId=9809

#### The Munich Readery

This is the largest English-language second-hand bookstore in Germany. Books bought here can also be brought back and traded for others. www.readery.de

#### Words' Worth

This shop aspires to provide a unique shopping experience for lovers of English-language books - Angloand Americophiles alike - in the heart of Munich 's university district. www.wordsworth.de

### Sport

From football to swimming and bowling to bouldering, Munich offers great sports, leisure, recreation and fitness activities for everyone.

<ul> <li>Bowling</li> <li>For group fun, you can't beat bowling! Here are some of the most popular bowling alleys in Munich: <ul> <li>Hollywood Super Bowling: www.hsb-muenchen.de</li> <li>Olympia Bowling: www.olympia-bowling.de</li> </ul> </li> <li>Isar Bowling: www.isarbowling.de</li> <li>Dream Bowl Palace (Unterföhring): the suburb of Unterföhring, northeast of Munich, is home to the largest bowling centre in Europe, boasting 52 bowling lanes, 12 billiard tables and a "moonlight" indoor minigolf course among other things. www.dreambowl.de/dream-bowl-palace-muenchenunterfoehring</li> </ul>
Laser tag / paintball A good choice here would be the new indoorGames arena in Garching. www.indoorgames.de
<b>Bouldering</b> One of the largest climbing halls in the world can be found in Munich's Ostbahnhof station, but there are also numerous indoor climbing and bouldering venues for all abilities: • Boulderwelt: <u>www.boulderwelt.de</u> • DAV Kletterzentrum: <u>www.kbthalkirchen.de</u>
AirHop Great fun guaranteed! In the north of Munich and covering an area of more than 3,400 sqm, adrenaline junkies of all ages can let off steam in this indoor trampoline park. www.airhop-muenchen.de



#### Bavarian curling

Ice stock shooting is a sport that is particularly popular in the Alpine region and bears more than a passing resemblance to curling. You can try it out yourself or just spectate and soak up the atmosphere on the Nymphenburg Canal. If Mother Nature doesn't oblige with ice, there are plenty of artificial options: www.muenchen.de/ service/branchenbuch/E/11797.html

#### Ski resorts

Being so close to the Alps makes it very easy to go skiing or snowboarding. You can find a list of all the ski resorts in Bavaria here: www.bergfex.com/bayern

Many Austrian ski resorts are also easily accessible from Munich: www.bergfex.com/oesterreich

#### Ice skating

Skating fans get their money's worth at the Olympic Ice Sport Centre. www.olympiapark.de/en/sport-leisure/ indoor/

#### SoccArena

A great place to play football indoors when it is snowy outside at the Olympic Park on a 30m x 15m pitch. www.soccarena-olympiapark.de

#### Munich Indoor Basketball

Tired of just watching? Then play yourself at MIB, an integral part of Munich's basketball scene. www.munich-indoor-basketball.de

### Thermal baths and Swimming

#### Roberto Beach (Aschheim)

On three indoor and eight outdoor floodlit courts, you can play beach volleyball on Costa Rican sand at this beach club in the suburb of Aschheim, northeast of Munich. In winter, all the courts have underfloor heating to keep your feet warm. In summer, a beautiful "palm bay" beach by the lake with a view of the water offers water-skiers and wakeboarders a chance to cool off. Right next to Roberto Beach (www.robertobeach.de) is a water ski park (www.wasserskipark-aschheim.de) and a Spielgolf course, a combination of golf and minigolf (www.spielgolf-aschheim.de).

#### Ice hockey (EHC Red Bull München)

Munich's ice hockey team is well known, especially after winning the German Championship three times in a row in 2016, 2017 and 2018. Their home games are played in the Olympia Ice Sport Centre in the Olympic Park. www.redbullmuenchen.de/en

#### Basketball (FC Bayern Basketball)

The world-famous name of FC Bayern Munich is now also being associated increasingly with the game of basketball. Considered to be one of the best basketball teams in Europe, the club competes in both the German national basketball league and in the Turkish Airlines Euroleague, the second-best basketball league in the world behind the NBA. Their home games are played in the Audi Dome in Westpark. www.fcbayern.com/basketball/en

#### Therme Erding

The world's largest thermal spa is located in the northeast of Munich, only 30 minutes from the city. Enjoy the wave pool surrounded by palm trees, the spa area, the saunas and the water slides. www.therme-erding.de/en

There are many other thermal baths in and around Munich, for example in Bad Aibling (approx. 60 kilometres away). You can find a list of them here: www.sueddeutsche.de/bayern/bayern-therme-saunawellness-tipps-1.1217763

#### Outdoor swimming pools

- Dantebad is open all year round and the water is heated to 30°C in winter. It also offers a wellness pool, sauna area and hydro massage.
- www.swm.de/baeder/schwimmen-sauna/dantebad • Nordbad is a veritable temple to wellness in the north of Munich, built in a neoclassical architectural style featuring columns and mosaics.
- www.swm.de/baeder/schwimmen-sauna/nordbad

#### Indoor swimming pools

- Müller'sches Volksbad is Munich's most impressive swimming pool. The art nouveau baths with their magnificent décor embody the glorious style of a bygone era.
- www.swm.de/baeder/schwimmen-sauna/muellersches-volksbad
- Olympia Schwimmhalle was originally built for the Summer Olympics in 1972. In addition to 5 swimming pools and a 10-metre diving pool, there are also solariums, massage facilities, a restaurant and a fitness centre.
- www.swm.de/baeder/schwimmen-sauna/olympiaschwimmhalle

Other swimming pools can be found here: www.muenchen.de/int/en/culture-leisure/ sport-fitness.html



# Cultural semester programme from the Studentenwerk München

### Farmers' markets and flea markets

Munich is home to numerous farmers' and flea markets, each with its own unique story. Here is a selection:

The Studentenwerk (student union) offers a diverse cultural programme with many free and affordable events every semester. It includes tours, excursions, workshops for students as well as "culture clubbing" and other events. Up-to-date information can be found here (downloadable as a pdf): www.studentenwerk-muenchen.de/en/culture

#### Wiener Platz

This has been Munich's smallest permanent market since 1889. The stalls offer food and flowers and are surrounded by interesting little shops and cafés. Close by you will find the Hofbräukeller beer garden, one of the most beautiful in the city. Innere Wiener Str. 19, 81667 München, daily except Sundays

#### Tuesdays at St. Benno Church

Only a few metres from the Lothstraße campus, this farmers' market sells honeys, cheeses, fresh fruit and vegetables, cakes and pies and home-made meat delicacies. Lots of HM staff come here at lunch time to enjoy delicious grilled chicken with potato salad or chips. St. Benno Church, 80335 München, every Tuesday from 10 am to 6 pm

#### Tuesdays at Josephsplatz

Only a few bus stops away from the Lothstraße campus, this farmers' market sells fresh fish, vegetables, meat and more. Children running around and people chatting over a beer after work make this market feel more like a street festival. Josephsplatz, 80798 München,

every Tuesday from 11 am to 6 pm

#### Yard markets (Hofflohmärkte)

These are a neighbourhood project in various Munich districts where residents sell from their own yard or garden. Between May and October, markets spring up all over the city, making them a great way to discover Munich and find unique items. More information is available at: www.hofflohmaerkte.de/muenchen/

#### Midnightbazar

This takes place in different locations around the city. They organise various events, including a night flea market with street food, a children's flea market, a girls' flea market (Fashion Session), a fashion flea market (Munich Super Sale with designer brands) and a street food market. The unique and vibrant atmosphere is perfect for bargain-hunting. Admission is € 4: www.midnightbazar.de



### Christmas markets and winter recipes

The Christkindlmarkt or Adventsmarkt dates back hundreds of years. Stalls sell all manner of arts and crafts, from local and handmade goods to those imported from around the world. The delicious range of seasonal German food and drink is not to be missed!

www.baketotheroots.de/bunte-ausstecherle Christmas market in the imperial court of the Residenz This beautiful courtyard offers the perfect atmosphere for this traditional Christmas market. Local artisans, from glassblowers to goldsmiths, demonstrate their Vanillekipferl (vanilla crescent cookies): skills while you feast on delicious Flammkuchen and www.platedcravings.com/german-christmas-bakingother delights. vanillekipferl Location: Residenzstraße1

#### **Pink Christmas**

Had enough of traditional Christmas stalls but don't want to miss out completely on the seasonal ambience? Then Pink Christmas, a Christmas market with a difference, is for you. Munich's LGBTQ+ community puts on a small inclusive event for the whole neighbourhood. Whilst not necessarily grand, Pink Christmas more than makes up for it with high-quality produce, a great atmosphere, funny shows and wonderful people! Location: Stephansplatz

#### **Chinese Tower Christmas market**

Located in the heart of the English Garden, one of the largest urban parks in the world, this little market offers a quiet and romantic setting and is the perfect place to get away from the busy city. Location: Chinese Tower (Chinesischer Turm) in the

English Garden

More information about Christmas markets in Munich can be found here: www.munich.travel/en/topics/markets-festivals/ christmas-markets

Christmas cookies, Glühwein (mulled wine) and Kartoffelpuffer (potato pancakes) are everywhere at the Christmas markets, but you can also try some of these popular recipes yourself at home:

Butterplätzchen (butter cookies):

Nougat taler (hazelnut sandwich cookies with Nutella filling): www.cinnamonandcoriander.com/en/nougat-talerrezept

Glühwein (mulled wine): www.allrecipes.com/recipe/20538/gluehwein

Kartoffelpuffer (potato pancakes): www.daringgourmet.com/traditional-kartoffelpufferreibekuchen-german-potato-pancakes

### University events at HM

HM organises a whole range of great events, some of which are listed here:

#### E'Ship Day

Experience a diverse programme under the slogan "Entrepreneurial University" with interactive exhibitions of innovative and entrepreneurial projects from HM and the Strascheg Center for Entrepreneurship (SCE). For more information and to register, visit: www.sce.de/events.

#### **Applied Science Slam**

A science slam is a scientific talk where scientists present their own research within a given time frame - usually 10 minutes – to a lay audience with the aim of teaching the latest advances in science to a diverse audience in an entertaining way. The presentation is then judged by the audience. www.hm.edu/sekundaer\_navigation/presse/ applied\_science\_slam/index.de.jsp

#### **HOKO** Careers Fair

Industry partners and career experts offer a variety of workshops and seminars covering everything from salary negotiations to assessment centre training and more. The fair is aimed at students, and anyone interested in networking opportunities. www.hochschulkontaktmesse.com

### HM symphony orchestra, choir and Big Band concerts

The HM music ensembles offer special festive concerts to get you in the Christmas mood. If you feel like singing yourself, join the HM choir's sing-along and rejoice in popular Christmas songs!Tickets are available from Department 13, Dachauerstr. 100a. www.gs.hm.edu/musikensembles/ubersicht\_ musikensembles/Index.de.html

## Other events

It isn't just the world-renowned Oktoberfest that proves that Munich knows how to throw a party; there are many other outstanding events offering artistic and musical treats aplenty!

#### Oktoberfest

The world's largest beer festival and funfair takes place annually in Munich for 16 days from late September through to the first weekend in October and attracts more than 6 million visitors from around the world every year. It is an important part of Bavarian culture that dates back to 1810 and is known in Bavaria as the "Wiesn". Theresienwiese, U-Bahn U4/U5, Theresienwiese

#### Kirchweihdult

The Auer Dult is quite simply part of Munich, a popular fair and folk festival that can be traced back to the Middle Ages. Nowadays, it is one of the major seasonal events in the city with a large jumble sale and a unique opportunity to search for rarities and curiosities from the 'old days'. U-Bahn U1/U2 (Fraunhoferstraße or Kolumbusplatz) www.munich.travel/en/pois/markets-festivals/ auer-dult

#### Long night of Munich museums

Around 90 of Munich's museums, collections, galleries and churches open their doors to visitors to experience art, culture, science and technology in a completely different light. Tickets are available from mid-September at all participating venues and from the tourist information office at Hauptbahnhof (main station), Bahnhofsplatz 2. www.muenchner.de/museumsnacht

#### Tollwood

The festive "market of ideas" with handicrafts and organic delicacies puts you in the mood for Christmas. International theatre companies and the Weltsalon, a marquee dedicated to pressing social and ecological issues, shape the Tollwood Winter Festival at Theresienwiese in the heart of Munich. www.tollwood.de/en





# Staying in

Here are some of our top tips for exploring Munich, Bavaria or the German language and culture from the comfort of your own home.

#### Websites

#### **Discover Bavaria from home**

If wanderlust sets in, have a look at the videos created by bavaria.travel, showcasing the amazing landscapes of the region. Immerse yourself in the Bavarian way of life and plan your next trip! www.bavaria.travel

### Courses

#### Goethe-Institut

Offers a variety of German language courses led by highly trained staff, and now also online, for individuals or in a group. www.goethe.de/ins/de/en/ort/mue.html

#### Münchner Volkshochschule

This is the largest adult education centre in Germany and was founded in the late 19th century. It offers a variety of courses either in person or online, ranging from arts and crafts, guest lectures on current affairs to cooking and foreign language classes. www.mvhs.de/en/sprachen/english

### Books

#### Munich by Robert Harris

In September 1938, Hitler is determined to start a war and Chamberlain wants to preserve peace. Two young men travel with their leaders to Munich. They once were friends, but now they stand on opposite sides and the fate of millions of people depends on them. This is a thrilling historical novel about treason, loyalty and betrayal.

### Film

#### Welcome to Germany (2016)

The refugee crisis is the subject of this comedy, in which a well-off Munich family offers a home to a refugee. The Hartmann family and Diallo face racism, bureaucracy and chaos but hope prevails that the family will recover its stability, confidence and peace. Munich is the backdrop to this movie and the River Isar plays a central role.

### Television

#### **Oktoberfest: Beer & Blood**

This tells the story of a large Franconian brewer, who as a "foreigner", wants to serve beer at the Oktoberfest and turn the festival into the mega-event we know today. This series has it all: drama, gore, historical details and impressive production. Available on Netflix and the German ARD TV channel.



# Day trips and walks

Munich is indeed a great city to explore but there is far more to Bavaria than its capital. There are numerous walks and day trips that are easily accessible from Munich, not forgetting of course Bavarian food and beer, and the impressive views from the nearby Alps.

#### Wildpark Poing

Located in the suburb of Poing, east of Munich, the animals in this wildlife park live almost as they would in the wild in a hilly landscape of forest, meadows and ponds. Covering an area of 57 hectares, deer, birds of prey, wolves, lynxes and a family of bears are among the animals that roam the park. One of the most famous attractions is the bird of prey show, which usually takes place twice a day. Other highlights are the petting zoo, the adventure playground and the water playground. www.wildpark-poing.de

#### Regensburg

The city of Regensburg dates back to 500 B.C., when the Celts settled on the Danube. It was once a Roman settlement with important trading links that reached as far as Venice and Kiev. The medieval centre of Regensburg has been a UNESCO World Heritage site since 2006 and has around 1,400 protected buildings dating from Roman times.

#### Zugspitze

This is the highest mountain in Germany and home to three glaciers. It is very popular with skiers, situated 2,962 metres above sea level and boasting views across more than 400 peaks in Germany, Austria, Switzerland and Italy. You can also hike around lake Eibsee; the trail is 7.1 km long and takes around 2 hours. www.zugspitze.de/en

#### **Bavarian lakes**

Nature is right on Munich's doorstep and there are many beautiful lakes with clear waters and beautiful scenery that are easy to reach using public transport. Here are some of our favourites:

- Starnberger See
- Ammersee
- Königsee
- Tegernsee
- Schliersee

Along the Isar Fresh air, sunshine, very little traffic noise and plenty of clear, green-blue water! There are few more beautiful places for a walk than along the banks of the lsar between Reichenbachbrücke and Flaucher, with the added spectacle of watching the light bounce off the water thrown in for free. From the bridge, you can see how busy the paths are and switch sides for a change!

An underrated classic! From the main station, take the tram directly to Nymphenburg Palace. Behind it are the huge palace grounds in which to while away the hours; or turn right towards the Botanical Garden. Take a stroll through the beautiful gardens or pay to visit the fantastic greenhouses.

www.schloss-nymphenburg.de/englisch/park/index.htm www.botmuc.de/en/index.html

www.muenchen.de/int/en/culture-leisure/daytrips.html

www.planetware.com/munich/munich-day-trips-d-bamunsur.htm

www.outdooractive.com/en/city-walks/munich/citywalks-in-munich/1456812

#### From Nymphenburg Palace to the Botanical Garden

#### More ideas for day trips

#### Tips for families

www.muenchen.de/freizeit/freizeit-mit-kindern.html

#### **Recommendations for city walks**

www.muenchen.de/freizeit/freizeit-guides-fuermuenchen/tipps-fuer-spaziergaenge.html

#### Tips for after-work walks

www.munich.travel/en/topics/lakes-mountains/ for-latecomer-lovers-of-the-mountains

### Inside info

# Travelling beyond Munich

#### Tram 19 – the sightseeing line

See some of the most popular tourist attractions in Munich without getting aching feet. The line starts in Pasing, a district in the west of Munich, and ends at Berg am Laim, but you should really get on at or before the main station (Hauptbahnhof) so as not to miss all the important landmarks! The only thing you need for this is a valid tram ticket.

www.muenchen.de/sehenswuerdigkeiten/sightseeingmuenchen-tram19.html

#### **BMW World**

If you are into cars and especially BMW, then this is the place for you! Nowhere else can you feel the brand as intensely as at BMW Welt. It is one of the most popular sights in Bavaria and is located right next to the BMW Museum. Entrance is free but if you want to do the factory tour, make sure you book well in advance. www.bmw-welt.com/en.html

#### Bayern-Ticket

This ticket is valid for up to 5 people travelling together throughout Bavaria. The basic price for one person is € 26 with each additional traveller costing € 8. The ticket can be purchased at one of the many ticket machines at Hauptbahnhof (the main station) or other train stations. It is valid from 9 am to 3 am the following day, except for weekends and public holidays when it is valid from 12 am (midnight). Tip: This ticket is also valid across borders on local trains to Salzburg main station. www.bahn.com/en/offers/regional/regional-day-ticketfor-bavaria

#### **Quer-durchs-Land Ticket**

(for travel throughout Germany) This ticket is also valid for up to 5 people. The basic price for one person is  $\in$  42, with each additional passenger costing  $\in$  7. The same times apply as for the Bayern-Ticket.

www.bahn.com/en/offers/regional/day-ticket-forgermany

Further details on Deutsche Bahn offers and discounts for travelling within Germany and Europe can be found here: www.bahn.com/en/offers

You can find out more at the tourist information office at Marienplatz:

www.muenchen.de/int/en/tourism/importantinformation/tourist-information.html

More information about Munich's transport network is available at: www.mvv-muenchen.de/en/index.html





### Learn Bavarian!

Bavarian (Bayerisch) is one of the Upper German languages spoken in Bavaria. Several dialects are spoken in Bavaria. In the north, the Franconian dialect is widespread, in Swabia the local dialect is Swabian. In the Upper Palatinate, people use the Northern Bavarian dialect that varies from region to region. In Upper and Lower Bavaria, Bavarian is the main dialect. Although Bavarian as a spoken language is in daily use locally, Standard German, often with a strong regional influence, is preferred in the media and for official occasions. There is a Bavarian Wikipedia and the official FC Bayern Munich website is also available in Bavarian.

#### Here are some useful phrases to whet your appetite!

Bavarian	English	Standard German
Servus!	Hello!/Bye!	Hallo!/Tschüss!
Grias di!	Hello!	Grüß dich!
Pfiad di!	Goodbye!	Tschüss!
Wia gäds da?	How are you doing?	Wie geht es dir?
l mog di.	l love you.	Ich liebe dich.
An guadn!	Enjoy your meal!	Guten Appetit!
А Мав	One litre of beer	Eine Maß
Obazda	Mixed cream cheese	Obazda/Obatzter
Semmel	Bread roll	Brötchen
Buam	Boy	Junge
Madl	Girl	Mädchen
Was gscheids	not really translatable, but along the lines of "something decent"	Gescheit
Deppert	Stupid	Dumm
Host mi?	Do you understand me?	Verstehst du mich?
Basst scho.	Everything's alright.	Das passt.
Schleich di!	Go away please!	Geh weg!
Schmarrn!	That's nonsense!	Quatsch!

### Emergency services, pharmacies, Covid testing centres and legal advisory services

#### **Emergency services in Germany**

In an emergency, you can call the following numbers from any telephone:

- Police: 110
- Fire: 112
- Ambulance: 112

#### Out-of-hours pharmacies

To find one near you, enter your post code here: www.aponet.de/apotheke/notdienstsuche

#### **Emergency medical assistance**

Doctors on call, Elisenhof (near the main station): www.kvb.de/service/patienten/aerztlicherbereitschaftsdienst/bereitschaftspraxen/muenchen/ elisenhof

More information about emergency services and pharmacies can be found here: www.muenchen.de/int/en/traffic/physically-challenged/ermergency-services.html

#### Covid testing centres

www.schnelltest-zentrum.de/en

#### Studentenwerk legal advisory centre

www.studentenwerk-muenchen.de/en/advisorynetwork/legal-advisory-service

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hm.edu/en international-office@hm.edu

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