

# Welcome to Munich!

## Cultural Guide for the Summer Semester



# HM



Servus - and a very warm welcome to Munich, the capital of Bavaria! We hope you will fall in love with our beautiful city and the surrounding area and take full advantage of all that there is to do. We are sure you will have an amazing time and hope you find the information here helpful.

Your International Office Team

Please note that some of the websites given here are in German only



# Food and drink

## Ice Ice Baby!

**True & 12**  
As the name suggests, this tiny ice cream shop offers just twelve varieties at any one time. Their artisanal ice cream is made with milk from Bavarian grass-fed cows and is fresh, local, seasonal and authentic – try it for yourself!  
Rosenheimer Straße 14, 81669 Munich  
[www.trueand12.com](http://www.trueand12.com)

**Eiskonditorei Sarcletti**  
With their first shop opening in 1879, ice cream making definitely runs in this family. This immensely popular ice cream parlour offers over fifty delicious and creative flavours. Don’t be put off by the long queues; the service is fast and friendly!  
Nymphenburger Straße 155, 80634 Munich  
[www.sarcletti.de/1-0-Sarcletti-Startseite](http://www.sarcletti.de/1-0-Sarcletti-Startseite)

**Ice Date**  
Located in Maxvorstadt, this ice cream parlour offers not only vegan, but also gluten-, soy- and refined sugar-free ice cream. But don’t worry, the taste sensation remains, despite the healthy ingredients!  
Amalienstraße 91, 80799 München  
[www.icedate.com](http://www.icedate.com)

**Der Verrückte Eismacher**  
*(literally: The crazy ice-cream maker)*  
This charming ice cream shop serves all kinds of flavours, from traditional chocolate to the more exotic beer or pizza – but don’t worry, you can try before you buy! The cafe is designed to make visitors feel like they’re entering another world. The name itself was inspired by The Mad Hatter from Alice in Wonderland, decked out in top hat, bow tie and red coat, and the proprietor, Matthias Münz, dresses the part.  
Fun fact: Matthias graduated from HM in 2012.  
Amalienstrasse 77, 80799 Munich  
[www.dvem.de](http://www.dvem.de)



## Munich from on high

While Munich is best known for its beer gardens, the city also has some very nice other spots with picture-perfect views. So if you’re looking for a place to chill other than a ‘Biergarten’, here are some stunning rooftop bars in Munich that you should definitely check out:  
[www.muenchen.de/int/en/culture-leisure/amazing-munich-roof-terraces-and-rooftop-bars.html](http://www.muenchen.de/int/en/culture-leisure/amazing-munich-roof-terraces-and-rooftop-bars.html)

Fancy a traditional Bavarian meal? Then expect bread dumplings, roast pork and much more besides. Munich boasts many wonderful restaurants, and the official city of Munich website can help you find the right one for you:  
[www.muenchen.de/int/en/restaurants.html](http://www.muenchen.de/int/en/restaurants.html)

## Beer gardens

Munich has a beer garden for everyone. From the buzz of the city centre to an idyllic lakeside setting, you can explore them in all their glory at:  
[www.munich.travel/en/topics/eat-drink/beautiful-beer-gardens-in-and-around-munich](http://www.munich.travel/en/topics/eat-drink/beautiful-beer-gardens-in-and-around-munich)

In addition to the well-known ones, we have selected some well-kept secrets for you too:

**Taxisgarten**  
This beer garden can look back on a long history, with the grounds originally being used as a recreation centre for people with disabilities after the First World War and the inn opening in 1924. Food and drink are still sold from the very same windows today to up to 1,500 people under the old chestnut trees and fairy lights. Taxisgarten is just a 30-minute walk from the Lothstraße campus.  
Taxisstraße 12, 80637 Munich  
[www.taxisgarten.de](http://www.taxisgarten.de)

**Wiener Platz**  
Until the late 1980s, Hofbräu beer was still brewed in Haidhausen. While production has moved to a different site, the popular beer garden at Wiener Platz remains and the inn is a lot cosier than the Hofbräuhaus beer hall – a top tip for tourists! The beer garden is especially popular in the summer with the many chestnut trees affording plenty of shade on hot days. Parents love it too thanks to the large children’s play area.  
Innere Wiener Straße 19, 81667 Munich  
[www.hofbraeukeller.de](http://www.hofbraeukeller.de)

**Muffatwerk**  
Fancy a naturally cloudy organic beer? Then visit the Muffatwerk beer garden right on the Isar. With no neighbours to worry about, it has long opening hours and evening revellers can continue partying at Muffatwerk, Ampere or Muffathalle.  
Zellstraße 4, 81667 Munich  
[www.muffatwerk.de/en](http://www.muffatwerk.de/en)

**Waldwirtschaft in Grosshesselohe**  
In the spring and summer, locals cycle along the Isar for a well-deserved litre of beer at the Waldwirtschaft, also known as the Wawi. Being close to the Grosshesseloher Brücke, this beer garden is a comfortable 45-minute bike ride from the Reichenbachbrücke. You can also use public transport (Grosshesselohe S-Bahn station or Grosshesseloher Brücke tram stop). It is also known for its live music, with jazz bands often playing on the stage in the middle of the pretty grounds.  
Georg-Kalb-Straße 3, 82049 Pullach im Isartal  
[www.waldwirtschaft.de](http://www.waldwirtschaft.de)

And here you can find some top tips for the perfect beer garden experience: [www.munich.travel/en/topics/eat-drink/how-to-beer-garden](http://www.munich.travel/en/topics/eat-drink/how-to-beer-garden)

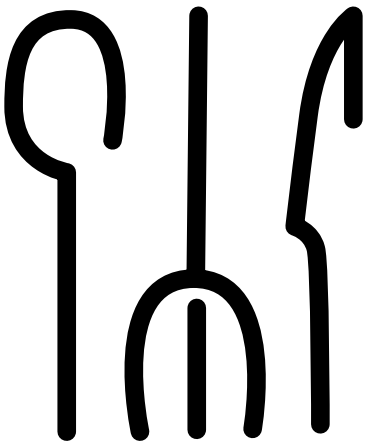
Beer gardens sell various delicious typical Bavarian dishes but you can also try some of these popular recipes yourself at home and bring them with you to enjoy alongside your beer:

Obatzda (cheese dip):  
[www.craftbeering.com/obatzda-german-beer-cheese-dip](http://www.craftbeering.com/obatzda-german-beer-cheese-dip)

Wurstsalat (sausage salad):  
[www.craftbeering.com/wurstsalat-german-sausage-salat-fleischsalat](http://www.craftbeering.com/wurstsalat-german-sausage-salat-fleischsalat)

Kartoffelsalat (potato salad):  
[www.craftbeering.com/kartoffelsalat-bavarian-potato-salat](http://www.craftbeering.com/kartoffelsalat-bavarian-potato-salat)

Zwetschgenkuchen (plum cake):  
[www.craftbeering.com/plum-cake-recipe-austrian-german-zwetschgenkuchen](http://www.craftbeering.com/plum-cake-recipe-austrian-german-zwetschgenkuchen)







# Nightlife

Footballers, musicians and the media elite: Munich's nightlife is swarming with celebrities. The city offers a large selection of bars and nightclubs for every taste and budget: [www.arrivalguides.com/en/Travelguides/Europe/Germany/Munich/barsandnightlife](http://www.arrivalguides.com/en/Travelguides/Europe/Germany/Munich/barsandnightlife)

## Bars

### Sommerquartier

This is the perfect location for a night out on a warm summer evening with delicious drinks, DJs and dancing under palm trees. It also offers a good wine selection and tasty snacks.

Alter Hof 3, 80331 Munich

[www.off-events.com/quartiere/sommerquartier](http://www.off-events.com/quartiere/sommerquartier)

### FOX

After a long study session at Lost Weekend, head over to FOX Bar in the middle of the university district. Come early and leave late is the slogan here! After midnight, you can expect classics like „Maniac“ or „Gangsta's Paradise“, as well as the latest new music.

Barerstraße 47, 80799 Munich

[www.facebook.com/foxmunich](http://www.facebook.com/foxmunich)

### Milchbar

Blue Monday, Rihanna or Drake? Pretty much every day is party time at Milchbar, dancing to the sounds of the 80s, 90s or noughties. Check out their Instagram to see what music they are playing and enjoy an unforgettable night out with friends!

Sonnenstraße 12, 80331 Munich

[www.milchundbar.de](http://www.milchundbar.de)

### Alte Utting

This old steamer once sailed on the Ammersee lake and today stands on a railway bridge in the middle of Munich. It has numerous areas in which to hang out and grab a bite, like the captain's deck, overlooking the Sendlinger sky, the bow lounge below deck, the former engine room, or the beer garden. They have a weekly cultural programme which includes concerts, comedy and spoken word events, dance lessons and yoga classes.

Lagerhausstrasse 15, 81371 Munich

[www.alte-utting.de](http://www.alte-utting.de)

### Bahnwärter Thiel

Located right next to the Alte Utting, this cultural project on the site of the former Südbahnhof in the Schlachthofviertel features converted subway trains and tram cars, a crane with disco balls, floating gondolas, repurposed artistically graffitied shipping containers and an urban beer garden. There is something for everyone in the diverse programme of concerts, club nights, flea markets, readings, travelogues, dance classes and theatre evenings.

Tumblingstrasse 29, 80337 Munich

[www.bahnwaerterthiel.de](http://www.bahnwaerterthiel.de)



# Museums

Munich is well-known for its many museums, which are well worth a visit. On Sundays, admission to some costs just €1. The following website offers further information: [www.muenchen.de/int/en/sights/museums.html](http://www.muenchen.de/int/en/sights/museums.html)

## **Deutsches Museum**

This is the world's largest museum of science and technology, with around 28,000 exhibits from 50 fields of science and technology. It was founded by Oskar von Miller, after whom one of the most important predecessor institutions of the HM was named, the Oskar von Miller Polytechnikum.  
[www.deutsches-museum.de/en](http://www.deutsches-museum.de/en)

## **Alte Pinakothek**

This is one of the oldest and most important art galleries in the world and contains collections of Old German paintings by Altdorfer and Dürer.  
[www.pinakothek.de/en](http://www.pinakothek.de/en)

## **Neue Pinakothek**

Outstanding works of European art and sculpture from the late 18th to the early 20th century are the focus of this museum. It is unfortunately currently closed to the public for structural repairs. A selection of 19th century masterpieces is on show on the ground floor of the Alte Pinakothek and in the Sammlung Schack.  
[www.pinakothek.de/en](http://www.pinakothek.de/en)

## **Pinakothek der Moderne and Museum Brandhorst**

This is Germany's biggest museum of modern art and offers an extensive collection of 20th century art, including sculpture and photography.  
[www.pinakothek.de/en](http://www.pinakothek.de/en)

## **BMW Museum**

This museum is located near the Olympic Park and is immediately discernible from its futuristic design, known as the 'salad bowl' or 'white cauldron'. You will learn about pioneering technology, from the historic BMW sports car and legendary prototypes, right through to studies of the automobiles and motorcycles of the future.  
[www.bmw-welt.com/en.html](http://www.bmw-welt.com/en.html)

## **Bavarian National Museum**

This is one of Europe's major art and cultural history museums.  
[www.bayerisches-nationalmuseum.de](http://www.bayerisches-nationalmuseum.de)





# Cinema

Many cinemas in Munich have screenings in English, you just need to dig for the “OV“ -“Original Version“.

## Mathäser Filmpalast

Munich is home to one of the biggest cinema complexes in Germany, the Mathäser Filmpalast. The building was designed by Peter Lanz, who studied at the Munich Staatsbauschule, a predecessor institution of the Department of Architecture at HM.  
[www.mathaeser.de/mm](http://www.mathaeser.de/mm)

## English-language cinema in Munich

There are also cinemas that show films in their original version:

- Cinema Filmtheater München:  
A movie theater for movie lovers since 1975.  
[www.cinema-muenchen.com](http://www.cinema-muenchen.com)
- Museum Lichtspiele:  
Munich’s second oldest cinema. It is famous for screening the „Rocky Horror Picture Show“ for the past 40 years.  
[www.museum-lichtspiele.de](http://www.museum-lichtspiele.de)
- Gloria Palast:  
It is one of the most beautiful cinemas in Munich, with comfy lounge chairs and tasty titbits that are served directly at your seats before the start of the show.  
[www.gloria-palast.de/gp](http://www.gloria-palast.de/gp)

## Open-air cinemas

What could be better than watching the best German and international blockbusters under starry skies on a balmy Munich summer evening?

- Kino am Olympiasee:  
A perfect summer experience awaits you in Olympia Park.  
[www.kinoamolympiasee.de](http://www.kinoamolympiasee.de)
- Kino, Mond & Sterne:  
Located in Westpark, this is Munich’s oldest open-air cinema and a must for all film fans.  
[www.kino-mond-sterne.de](http://www.kino-mond-sterne.de)

# Music

There is a lot on offer for music fans in Munich: great festivals and concerts and world-class orchestras.

For more top tips and ideas, visit:

[www.muenchen.de/int/en/events/music.html](http://www.muenchen.de/int/en/events/music.html)

## Jazz-Club Unterfahrt

A legendary jazz club with a wide variety of jazz and pop acts to suit every taste. Having started life in a subway station, its new home in a sprawling former beer cellar at Einsteinstrasse 42 is equally atmospheric. Check the website for the latest programme information.  
[www.unterfahrt.de](http://www.unterfahrt.de)

## Backstage

Both unknown and established bands from rock through to alternative perform here, an event and concert venue since 1991. The youth club quickly became a performance venue for artists and bands, and it has since hosted well-known names from the field of alternative music. In 1999, the rapper Eminem gave his very first concert in Germany here.  
[www.backstage.info](http://www.backstage.info)

## Muffathalle

This 3,000 sqm venue hosts all sorts of live concert, theatre, art, performance, multimedia and literature events. The hall and the Ampere Club are mainly used for concerts, but also for club nights.  
[www.muffatwerk.de/en](http://www.muffatwerk.de/en)

## Munich Philharmonic Orchestra

The city’s world-class philharmonic orchestra offers a varied programme and attracts top-class musicians from all over the world. Founded in 1893 by Franz Kaim, the orchestra has left an indelible imprint on Munich’s cultural life.  
[www.mphil.de/en](http://www.mphil.de/en)

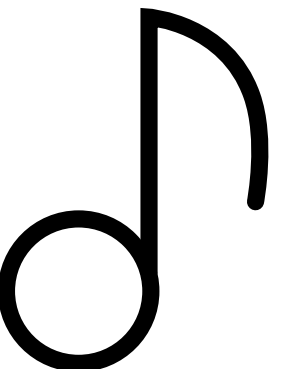
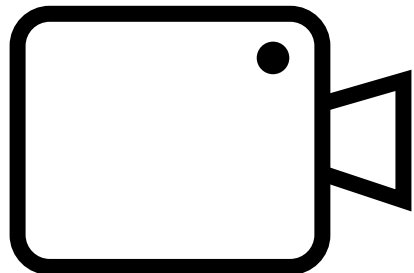






Foto: © München Tourismus, Josef Widgruber

# Theatre

Munich's theatre offering is both legendary and diverse, as the list below demonstrates.

## **National Theatre/Bavarian State Opera**

Every first Monday of the month, online tickets are available for young people under the age of 30 (U30) for a standard price of € 10.  
[www.staatsoper.de/en](http://www.staatsoper.de/en)

## **Residenztheater**

This theatre is located right next to the National Theatre and offers a variety of shows.  
[www.residenztheater.de](http://www.residenztheater.de)

## **State Theatre at Gärtnerplatz**

This theatre opened its doors in 1865 in Munich's Isarvorstadt on the lively Gärtnerplatz and is one of three Bavarian state theatres in Munich.  
[www.gaertnerplatztheater.de/en/seiten/gaertnerplatztheater.html](http://www.gaertnerplatztheater.de/en/seiten/gaertnerplatztheater.html)

## **Prinzregententheater**

This imposing theatre on Prinzregentenplatz in the Bogenhausen district in the east of Munich was named after Prince Regent Luitpold.  
[www.theaterakademie.de/en](http://www.theaterakademie.de/en)

## **Münchner Volkstheater**

As tradition steeped as the term Volkstheater (People's Theatre) sounds, this is actually a relatively new theatre. It was officially opened in 1983 at Stiglmaierplatz by the city of Munich and moved to a new building in the Schlachthofviertel in the summer of 2021.  
[www.muenchner-volkstheater.de](http://www.muenchner-volkstheater.de)

## Theatre for English speakers

### **Münchner Kammerspiele**

This company puts on some of the most important German-language theatre and describes itself as an aesthetically innovative, contemporary and cosmopolitan municipal theatre company with a socio-political focus. Its productions usually have English subtitles.  
<https://www.muenchner-kammerspiele.de/en/>

### **The English Drama Group**

Students from the Ludwig-Maximilians-Universität perform popular stage plays twice a year (at the end of a term) that are directed by a native-speaker lecturer from the English Department.  
[www.instagram.com/english.drama.group](https://www.instagram.com/english.drama.group)

### **Pasinger Fabrik**

This cultural centre periodically hosts English-language drama groups. It also offers music, visual arts, historical and social events and exhibitions, as well as workshops for adults and children. Please check the programme on the website for up-to-date information.  
[www.pasinger-fabrik.de](http://www.pasinger-fabrik.de)

### **English Improv Theater**

Having attended and met at a local improvisation workshop in 2011, three actors decided to make improv a more permanent part of their lives by forming their own group.  
[www.bakethis.de/events](http://www.bakethis.de/events)

Further information on theatre for English speakers is available at:  
[www.muenchen.de/int/en/events/theatre-dance-opera/english-speaking.html](http://www.muenchen.de/int/en/events/theatre-dance-opera/english-speaking.html)



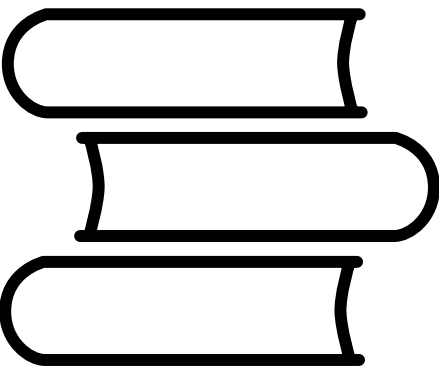
# English bookstores

If you’re staying here for a longer period of time and are not proficient in German, there are several bookstores in Munich that sell English-language books. Some are listed below:

**Hugendubel**  
This bookstore at Marienplatz carries a good selection of English books.  
[www.hugendubel.de/de/branch?branchId=9809](http://www.hugendubel.de/de/branch?branchId=9809)

**The Munich Readery**  
This is the largest English-language second-hand bookstore in Germany. Books bought here can also be brought back and traded for others.  
[www.readery.de](http://www.readery.de)

**Words’ Worth**  
This shop aspires to provide a unique shopping experience for lovers of English-language books – Anglo- and Americophiles alike – in the heart of Munich’s university district.  
[www.wordsworth.de](http://www.wordsworth.de)



# Sport

From football to swimming and bowling to bouldering, Munich offers great sports, leisure, recreation and fitness activities for everyone.

**Bowling**  
For group fun, you can’t beat bowling! Here are some of the most popular bowling alleys in Munich:

- Hollywood Super Bowling: [www.hsb-muenchen.de](http://www.hsb-muenchen.de)
- Olympia Bowling: [www.olympia-bowling.de](http://www.olympia-bowling.de)
- Isar Bowling: [www.isarbowling.de](http://www.isarbowling.de)
- Dream Bowl Palace (Unterföhring): the suburb of Unterföhring, northeast of Munich, is home to the largest bowling centre in Europe, boasting 52 bowling lanes, 12 billiard tables and a „moonlight“ indoor mini-golf course among other things.  
[www.dreambowl.de/dream-bowl-palace-muenchen-unterfoehring](http://www.dreambowl.de/dream-bowl-palace-muenchen-unterfoehring)

**Laser tag / paintball**  
A good choice here would be the new indoorGames arena in Garching.  
[www.indoorgames.de](http://www.indoorgames.de)

**Bouldering**  
One of the largest climbing halls in the world can be found in Munich’s Ostbahnhof station, but there are also numerous indoor climbing and bouldering venues for all abilities:

- Boulderwelt: [www.boulderwelt.de](http://www.boulderwelt.de)
- DAV Kletterzentrum: [www.kbthalkirchen.de](http://www.kbthalkirchen.de)

**AirHop**  
Great fun guaranteed! In the north of Munich and covering an area of more than 3,400 sqm, adrenaline junkies of all ages can let off steam in this indoor trampoline park.  
[www.airhop-muenchen.de](http://www.airhop-muenchen.de)

**Olympic Park**  
No matter your sporting preference, there is something for everyone at the Olympic Park: run, cycle, play tennis and watch sport events at the Olympic Stadium and in the Olympic Hall among others.  
[www.muenchen.de/int/en/sights/parks/olympic-park.html](http://www.muenchen.de/int/en/sights/parks/olympic-park.html)

**Bike rentals**  
Bike is a great way to discover Munich. It’s a very bicycle-friendly city and you will see lots of people biking to work or university or taking a ride along the Isar.

- MVG Rad: an ideal complement to public transport if you only need a bike for a short time.  
[www.mvg.de/services/mvg-rad.html](http://www.mvg.de/services/mvg-rad.html)
- Swapfiets: rent a bike for longer for a fixed monthly fee.  
[www.swapfiets.de/en-DE](http://www.swapfiets.de/en-DE)
- TIER: if you prefer to travel by escooter.  
[www.tier.app/en](http://www.tier.app/en)

**MUCkis for free – Fit in the park**  
From May to September, fitness, yoga and zumba classes - to name a few - are available free of charge on a drop-in basis in many of Munich’s parks. You can check the programme here:  
[www.muenchen.de/freizeit/sport/freizeitsportprogramm.html](http://www.muenchen.de/freizeit/sport/freizeitsportprogramm.html)

**Minigolf**  
Looking for a leisurely afternoon activity with friends? A good alternative to swimming, walking or hiking is playing minigolf - a popular German leisure activity.

- Minigolf Olympic Park: an outdoor minigolf course with additional pit-pat (table golf) tables in the middle of the Olympic Park. [www.minigolf-olympiapark.de](http://www.minigolf-olympiapark.de)
- Minigolf at Feldmochinger See: located in the north of Munich, this is an idyllic miniature golf course right next to the Feldmochinger lake. [www.minigolf-feldmoching.de](http://www.minigolf-feldmoching.de)

**Stand Up Paddleboarding**  
Want to try something new and enjoy the beautiful landscape of the Bavarian lakes at the same time? Then get yourself down to Starnberger See or Chiemsee to give SUP a go!  
[www.sup-club.bayern](http://www.sup-club.bayern)



# Thermal baths and Swimming

## SoccArena

A great place to play football indoors when it is rainy outside at the Olympic Park on a 30m x 15m pitch.  
[www.soccarena-olympiapark.de](http://www.soccarena-olympiapark.de)

## Munich Indoor Basketball

Tired of just watching? Then play yourself at MIB, an integral part of Munich's basketball scene.  
[www.munich-indoor-basketball.de](http://www.munich-indoor-basketball.de)

## Roberto Beach (Aschheim)

On three indoor and eight outdoor floodlit courts, you can play beach volleyball on Costa Rican sand at this beach club in the suburb of Aschheim, northeast of Munich. In winter, all the courts have underfloor heating to keep your feet warm. In summer, a beautiful “palm bay” beach by the lake with a view of the water offers water-skiers and wakeboarders a chance to cool off. Right next to Roberto Beach ([www.robertobeach.de](http://www.robertobeach.de)) is a water ski park ([www.wasserskipark-aschheim.de](http://www.wasserskipark-aschheim.de)) and a Spielgolf course, a combination of golf and minigolf ([www.spielgolf-aschheim.de](http://www.spielgolf-aschheim.de)).

## Basketball (FC Bayern Basketball)

The world-famous name of FC Bayern Munich is now also being associated increasingly with the game of basketball. Considered to be one of the best basketball teams in Europe, the club competes in both the German national basketball league and in the Turkish Airlines Euroleague, the second-best basketball league in the world behind the NBA. Their home games are played in the Audi Dome in Westpark.  
[www.fcbayern.com/basketball/en](http://www.fcbayern.com/basketball/en)

## Outdoor swimming pools

- Dantebad is open all year round and the water is heated to 30°C in winter. It also offers a wellness pool, sauna area and hydro massage.  
[www.swm.de/baeder/schwimmen-sauna/dantebad](http://www.swm.de/baeder/schwimmen-sauna/dantebad)
- Nordbad is a veritable temple to wellness in the north of Munich, built in a neoclassical architectural style featuring columns and mosaics.  
[www.swm.de/baeder/schwimmen-sauna/nordbad](http://www.swm.de/baeder/schwimmen-sauna/nordbad)
- Naturbad Maria Einsiedel (natural swimming pool) is located alongside the Isar and is a favourite spot for locals during the summer.  
[www.swm.de/baeder/schwimmen-sauna/maria-einsiedel](http://www.swm.de/baeder/schwimmen-sauna/maria-einsiedel)

## Indoor swimming pools

- Müller'sches Volksbad is Munich's most impressive swimming pool. The art nouveau baths with their magnificent décor embody the glorious style of a bygone era.  
[www.swm.de/baeder/schwimmen-sauna/mueller-sches-volksbad](http://www.swm.de/baeder/schwimmen-sauna/mueller-sches-volksbad)
- Olympia Schwimmhalle was originally built for the Summer Olympics in 1972. In addition to 5 swimming pools and a 10-metre diving pool, there are also solariums, massage facilities, a restaurant and a fitness centre.  
[www.swm.de/baeder/schwimmen-sauna/olympia-schwimmhalle](http://www.swm.de/baeder/schwimmen-sauna/olympia-schwimmhalle)

Other swimming pools can be found here:  
[www.muenchen.de/int/en/culture-leisure/sport-fitness.html](http://www.muenchen.de/int/en/culture-leisure/sport-fitness.html)

## Therme Erding

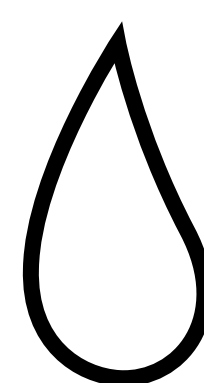
The world's largest thermal spa is located in the northeast of Munich, only 30 minutes from the city. Enjoy the wave pool surrounded by palm trees, the spa area, the saunas and the water slides.  
[www.therme-erding.de/en](http://www.therme-erding.de/en)

There are many other thermal baths in and around Munich, for example in Bad Aibling (approx. 60 kilometres away). You can find a list of them here:  
[www.sueddeutsche.de/bayern/bayern-therme-sauna-wellness-tipps-1.1217763](http://www.sueddeutsche.de/bayern/bayern-therme-sauna-wellness-tipps-1.1217763)

## Other swimming possibilities in Munich

Beat the heat with a dip in one of the many lakes in and around Munich.

- Feldmochinger See in the northwest of Munich is easily accessible by public transport. On sunny days, the lake is very popular with locals. There is a restaurant and a few small kiosks that offer food and snacks.
- Riemer See was created as part of a landscape project for the National Garden Show in 2005. You can reach it easily by public transport but be sure to bring a parasol as shade is in short supply! This man-made lake is not only one of the cleanest, but also one of the warmest in summer.
- Langwieder See, also in the northwest of Munich, is one of the city's most popular bathing spots and has plenty of space for recreation with its sunbathing awns and leisure activities. You can get there by bike or by „Badebus“, which departs from Lochhausen S-Bahn station every 20 minutes between mid-May and mid-September, weather permitting.
- Swimming in the Isar: the most well-known Isar beach is Flaucher and the area around the Tierparkbrücke but bathing is also permitted in the city centre near the Deutsches Museum and further north near the English Garden.





# Cultural semester programme from the Studentenwerk München

The Studentenwerk (student union) offers a diverse cultural programme with many free and affordable events every semester. It includes tours, excursions, workshops for students as well as “culture clubbing” and other events. Up-to-date information can be found here (downloadable as a pdf):  
[www.studentenwerk-muenchen.de/en/culture](http://www.studentenwerk-muenchen.de/en/culture)



# Farmers’ markets and flea markets

Munich is home to numerous farmers’ and flea markets, each with its own unique story. Here is a selection:

## **Wiener Platz**

This has been Munich’s smallest permanent market since 1889. The stalls offer food and flowers and are surrounded by interesting little shops and cafés. Close by you will find the Hofbräukeller beer garden, one of the most beautiful in the city.  
Innere Wiener Str. 19, 81667 München,  
daily except Sundays

## **Tuesdays at St. Benno Church**

Only a few metres from the Lothstraße campus, this farmers’ market sells honeys, cheeses, fresh fruit and vegetables, cakes and pies and home-made meat delicacies. Lots of HM staff come here at lunch time to enjoy delicious grilled chicken with potato salad or chips.  
St. Benno Church, 80335 München,  
every Tuesday from 10 am to 6 pm

## **Tuesdays at Josephsplatz**

Only a few bus stops away from the Lothstraße campus, this farmers’ market sells fresh fish, vegetables, meat and more. Children running around and people chatting over a beer after work make this market feel more like a street festival.  
Josephsplatz, 80798 München,  
every Tuesday from 11 am to 6 pm

## **Flea market at Olympic Park**

Perhaps the best known of Munich’s flea markets, this offers vintage anything and everything, be it clothing, toys or antiques. It has over 450 stalls every Friday and Saturday except for public holidays.  
[www.muenchen.de/veranstaltungen/event/10438.html](http://www.muenchen.de/veranstaltungen/event/10438.html)

## **Riesenflohmarkt at Theresienwiese**

With over 2,000 vendors, this is Bavaria’s largest flea market. Everything from arty prints to bicycles can be found here. This mega-market happens once a year for Frühlingsfest (spring festival), a tradition that stretches back over 25 years.  
[www.muenchen.de/veranstaltungen/event/9878.html](http://www.muenchen.de/veranstaltungen/event/9878.html)





# The most beautiful Bavarian lakes

Reading a book on a picnic blanket, dozing in the shade of a tree, treating yourself to an ice cream, sizzling in the sun and plunging into the water to cool off – there is nothing better than a day or even just a few hours by a lake on a sunny day, especially when there are so many to choose from!

## **Chiemsee – the Bavarian Sea**

This is the largest lake in Bavaria (which is why it is also known as the Bavarian Sea) and has much to offer. Shallow waters, small bays and wide moorlands offer a picture-perfect lake landscape with green meadows, forests and mountain peaks. In the middle of the lake are two islands: Fraueninsel and Herreninsel. The former is known for its centuries-old Benedictine convent, while its much larger neighbour impresses visitors with Herrenchiemsee Palace, the Versailles replica built by King Ludwig II. From Munich, take the train to Prien am Chiemsee and it's only a 15-minute walk to the lake, from where boats will take you to Fraueninsel, Herreninsel and the surrounding beaches.

## **Schliersee – recreation, swimming and sports**

It's great fun jumping into the water from the jetties! The best bathing spots are the lido (entrance fee), the meadow to the right of it (no entrance fee) and the western beach. Schliersee is not only ideal for swimming, diving, windsurfing, kayaking and stand-up paddleboarding, but also for anyone who just loves spending time by a lake. You can reach it by train in just under an hour from Munich.

## **Staffelsee – lido, rowing boat and mountain views**

This is one of the lakes with the most islands in the Alpine foothills. The best thing to do is to go to one of the lidos - the Seehausen lido is only a 15-minute walk from Murnau train station. Glide down the slide into the beautiful lake, admire the Alps and rent a rowing boat for a few euros and go to one of the islands.

## **Tegernsee – crystal clear water**

Only 50 kilometres south of Munich is one of the most beautiful and cleanest lakes in Bavaria with a view of the Wallberg mountain. The history of the lake is closely linked to Tegernsee Abbey, which was founded in 746 AD and is the origin of the famous Tegernsee beer. The brewery is still housed in the monastery buildings on the lakeside and is open to visitors. In addition to swimming, you can go hiking, relax in a beer garden or simply forget the big city in a café with a lake view. A special treat is to sweat it out in the Monte Mare sauna and then jump naked into the lake. It is all just an hour away by train from Munich.

## **Starnberger See – summer dreams and chic**

The S-Bahn from Munich transports you to this bathing paradise in just half an hour. This lake is known as the „bathtub of Munich“ because of its proximity to the Bavarian capital and is the second deepest lake in Germany at 128 metres. The 46-kilometre circular route around the lake is ideal for hiking or cycling. Along the way, you will pass not only numerous opulent villas, but also restored castles such as Possenhofen Castle, where Empress Elisabeth of Austria, otherwise known as Sissi, once spent her childhood. Strolling along the lakeside promenade, you will find many restaurants and cafés offering a wonderful view of the lake. Celebrities flock here alongside locals and other visitors to relax by the lake and in the surrounding area.

## **Ammersee – the luxurious one**

The third largest lake in Bavaria is a former farm lake that used to provide inhabitants with a source of income through agriculture and fishing. Today, it is a hive of activity that invites visitors to kayak, fish, windsurf, swim and hike, especially in the summer months. Locals and tourists alike gather here for sport and recreation. Since the shoreline is not built up, it is the ideal place for a bike ride.



# University events at HM

HM organises a whole range of great events, some of which are listed here:

## **HM symphony orchestra, choir and Big Band concerts**

The HM music ensembles consists almost entirely of students from all disciplines at HM, alumni, as well as students from other Munich universities. In addition to performances at HM, the esambles play at various student and summer festivals. Tickets are available from Department 13, Dachauerstr. 100a.  
[www.gs.hm.edu/musikensembles/ubersicht\\_musikensembles/Index.de.html](http://www.gs.hm.edu/musikensembles/ubersicht_musikensembles/Index.de.html)

## **Applied Science Slam**

A science slam is a scientific talk where scientists present their own research within a given time frame - usually 10 minutes – to a lay audience with the aim of teaching the latest advances in science to a diverse audience in an entertaining way. The presentation is then judged by the audience.  
[www.hm.edu/sekundaer\\_navigation/presse/applied\\_science\\_slam/index.de.jsp](http://www.hm.edu/sekundaer_navigation/presse/applied_science_slam/index.de.jsp)

## **E’Ship Day**

Experience a diverse programme under the slogan “Entrepreneurial University” with interactive exhibitions of innovative and entrepreneurial projects from HM and the Strascheg Center for Entrepreneurship (SCE). For more information and to register, visit:  
[www.sce.de/events](http://www.sce.de/events).

## **HOKO Careers Fair**

Industry partners and career experts offer a variety of workshops and seminars covering everything from salary negotiations to assessment centre training and more. The fair is aimed at students, and anyone interested in networking opportunities.  
[www.hochschulkontaktmesse.com](http://www.hochschulkontaktmesse.com)

# Other events

It isn’t just the world-renowned Oktoberfest that proves that Munich knows how to throw a party; there are many other outstanding events offering artistic and musical treats aplenty!

## **Frühlingsfest (spring festival)**

Also on the Theresienwiese where the Oktoberfest takes place, the spring festival is a cosy get-together that is sometimes called the „Kleine Wiesen“ (Little Oktoberfest) or the „Kleine Schwester des Oktoberfestes“ (Oktoberfest’s Little Sister). You can find everything from small shooting galleries to fairground rides and, of course, beer tents and beer gardens!  
Theresienwiese, U-Bahn U4/U5, Theresienwiese

## **Auer Dult**

The Auer Dult is quite simply part of Munich, a popular fair and folk festival that can be traced back to the Middle Ages. Nowadays, it is one of the major seasonal events in the city with a large jumble sale and a unique opportunity to search for rarities and curiosities from the ‘old days’.  
U-Bahn U1/U2 (Fraunhoferstraße or Kolumbusplatz)  
[www.munich.travel/en/pois/markets-festivals/auer-dult](http://www.munich.travel/en/pois/markets-festivals/auer-dult)

## **The Long Night of Music**

This ambitious and exciting event has been held every year in May since 2000 and involves hundreds of music stages all over the city in bars, restaurants, churches, cultural centres, museums, music schools, ballet theatres and concert halls. The musical events all start simultaneously at 8pm and last until 3am.  
[www.muenchner.de/musiknacht](http://www.muenchner.de/musiknacht)

## **Tollwood**

The Tollwood Summer Festival at the Olympic Park is known for nouveau cirque productions from all over the world, concerts by national and international stars, newcomers, music legends as well as local and regional bands. The “Market of Ideas” with handicrafts and organic delicacies is also an integral part of the festival.  
[www.tollwood.de/en](http://www.tollwood.de/en)

## **Klassik am Odeonsplatz**

Munich’s most beautiful open air concert hall provides a unique setting for music at the highest level. Since it was founded in 2000, two of Munich’s top orchestras as well as world-famous classical music stars perform on a weekend in July in one of Europe’s most magnificent squares.  
[www.klassik-am-odeonsplatz.de](http://www.klassik-am-odeonsplatz.de)

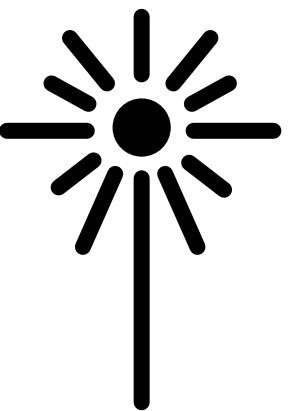




Foto: Shutterstock

# Staying in

Here are some of our top tips for exploring Munich, Bavaria or the German language and culture from the comfort of your own home.

## Websites

### **Discover Bavaria from home**

If wanderlust sets in, have a look at the videos created by [bavaria.travel](http://bavaria.travel), showcasing the amazing landscapes of the region. Immerse yourself in the Bavarian way of life and plan your next trip!  
[www.bavaria.travel](http://www.bavaria.travel)

## Courses

### **Goethe-Institut**

Offers a variety of German language courses led by highly trained staff, and now also online, for individuals or in a group.  
[www.goethe.de/ins/de/en/ort/mue.html](http://www.goethe.de/ins/de/en/ort/mue.html)

### **Münchner Volkshochschule**

This is the largest adult education centre in Germany and was founded in the late 19th century. It offers a variety of courses either in person or online, ranging from arts and crafts, guest lectures on current affairs to cooking and foreign language classes.  
[www.mvhs.de/en/sprachen/english](http://www.mvhs.de/en/sprachen/english)

## Books

### **Munich by Robert Harris**

In September 1938, Hitler is determined to start a war and Chamberlain wants to preserve peace. Two young men travel with their leaders to Munich. They once were friends, but now they stand on opposite sides and the fate of millions of people depends on them. This is a thrilling historical novel about treason, loyalty and betrayal.

## Film

### **Welcome to Germany (2016)**

The refugee crisis is the subject of this comedy, in which a well-off Munich family offers a home to a refugee. The Hartmann family and Diallo face racism, bureaucracy and chaos but hope prevails that the family will recover its stability, confidence and peace. Munich is the backdrop to this movie and the River Isar plays a central role.

## Television

### **Oktoberfest: Beer & Blood**

This tells the story of a large Franconian brewer, who as a “foreigner”, wants to serve beer at the Oktoberfest and turn the festival into the mega-event we know today. This series has it all: drama, gore, historical details and impressive production. Available on Netflix and the German ARD TV channel.





# Day trips and walks

Munich is indeed a great city to explore but there is far more to Bavaria than its capital. There are numerous walks and day trips that are easily accessible from Munich, not forgetting of course Bavarian food and beer, and the impressive views from the nearby Alps.

### Wildpark Poing

Located in the suburb of Poing, east of Munich, the animals in this wildlife park live almost as they would in the wild in a hilly landscape of forest, meadows and ponds. Covering an area of 57 hectares, deer, birds of prey, wolves, lynxes and a family of bears are among the animals that roam the park. One of the most famous attractions is the bird of prey show, which usually takes place twice a day. Other highlights are the petting zoo, the adventure playground and the water playground. [www.wildpark-poing.de](http://www.wildpark-poing.de)

### Regensburg

The city of Regensburg dates back to 500 B.C., when the Celts settled on the Danube. It was once a Roman settlement with important trading links that reached as far as Venice and Kiev. The medieval centre of Regensburg has been a UNESCO World Heritage site since 2006 and has around 1,400 protected buildings dating from Roman times.

### Zugspitze

This is the highest mountain in Germany and home to three glaciers. It is very popular with skiers, situated 2,962 metres above sea level and boasting views across more than 400 peaks in Germany, Austria, Switzerland and Italy. You can also hike around lake Eibsee; the trail is 7.1 km long and takes around 2 hours. [www.zugspitze.de/en](http://www.zugspitze.de/en)

### Picnic and barbecue in Munich

Picnics are one of the best things about warm summer days and the beautiful parks in Munich provide the perfect backdrop, also for a walk in the fresh air afterwards. [www.munich.travel/en/topics/eat-drink/picnic-spots](http://www.munich.travel/en/topics/eat-drink/picnic-spots)

There are many locations in Munich where barbecues are allowed and they are clearly marked as such, e.g. Flaucher, Feldmochinger See and Westpark. [www.muenchen.de/freizeit/tipps-fuers-grillen-in-muenchen.html](http://www.muenchen.de/freizeit/tipps-fuers-grillen-in-muenchen.html)

### Along the Isar

Fresh air, sunshine, very little traffic noise and plenty of clear, green-blue water! There are few more beautiful places for a walk than along the banks of the Isar between Reichenbachbrücke and Flaucher, with the added spectacle of watching the light bounce off the water thrown in for free. From the bridge, you can see how busy the paths are and switch sides for a change!

### From Nymphenburg Palace to the Botanical Garden

An underrated classic! From the main station, take the tram directly to Nymphenburg Palace. Behind it are the huge palace grounds in which to while away the hours; or turn right towards the Botanical Garden. Take a stroll through the beautiful gardens or pay to visit the fantastic greenhouses. [www.schloss-nymphenburg.de/englisch/park/index.htm](http://www.schloss-nymphenburg.de/englisch/park/index.htm) [www.botmuc.de/en/index.html](http://www.botmuc.de/en/index.html)

### More ideas for day trips

[www.muenchen.de/int/en/culture-leisure/daytrips.html](http://www.muenchen.de/int/en/culture-leisure/daytrips.html)

[www.planetware.com/munich/munich-day-trips-d-ba-munsur.htm](http://www.planetware.com/munich/munich-day-trips-d-ba-munsur.htm)

### Tips for families

[www.muenchen.de/freizeit/freizeit-mit-kindern.html](http://www.muenchen.de/freizeit/freizeit-mit-kindern.html)

### Recommendations for city walks

[www.muenchen.de/freizeit/freizeit-guides-fuer-muenchen/tipps-fuer-spaziergaenge.html](http://www.muenchen.de/freizeit/freizeit-guides-fuer-muenchen/tipps-fuer-spaziergaenge.html)

[www.outdooractive.com/en/city-walks/munich/city-walks-in-munich/1456812](http://www.outdooractive.com/en/city-walks/munich/city-walks-in-munich/1456812)

### Tips for after-work walks

[www.munich.travel/en/topics/lakes-mountains/for-latecomer-lovers-of-the-mountains](http://www.munich.travel/en/topics/lakes-mountains/for-latecomer-lovers-of-the-mountains)



# Inside info

## Tram 19 – the sightseeing line

See some of the most popular tourist attractions in Munich without getting aching feet. The line starts in Pasing, a district in the west of Munich, and ends at Berg am Laim, but you should really get on at or before the main station (Hauptbahnhof) so as not to miss all the important landmarks! The only thing you need for this is a valid tram ticket.

[www.muenchen.de/sehenswuerdigkeiten/sightseeing-muenchen-tram19.html](http://www.muenchen.de/sehenswuerdigkeiten/sightseeing-muenchen-tram19.html)

## BMW World

If you are into cars and especially BMW, then this is the place for you! Nowhere else can you feel the brand as intensely as at BMW Welt. It is one of the most popular sights in Bavaria and is located right next to the BMW Museum. Entrance is free but if you want to do the factory tour, make sure you book well in advance.

[www.bmw-welt.com/en.html](http://www.bmw-welt.com/en.html)

# Travelling beyond Munich

## Bayern-Ticket

This ticket is valid for up to 5 people travelling together throughout Bavaria. The basic price for one person is € 26 with each additional traveller costing € 8. The ticket can be purchased at one of the many ticket machines at Hauptbahnhof (the main station) or other train stations. It is valid from 9 am to 3 am the following day, except for weekends and public holidays when it is valid from 12 am (midnight).

Tip: This ticket is also valid across borders on local trains to Salzburg main station.

[www.bahn.com/en/offers/regional/regional-day-ticket-for-bavaria](http://www.bahn.com/en/offers/regional/regional-day-ticket-for-bavaria)

## Quer-durchs-Land Ticket

(for travel throughout Germany)

This ticket is also valid for up to 5 people. The basic price for one person is € 42, with each additional passenger costing € 7. The same times apply as for the Bayern-Ticket.

[www.bahn.com/en/offers/regional/day-ticket-for-germany](http://www.bahn.com/en/offers/regional/day-ticket-for-germany)

Further details on Deutsche Bahn offers and discounts for travelling within Germany and Europe can be found here:

[www.bahn.com/en/offers](http://www.bahn.com/en/offers)

You can find out more at the tourist information office at Marienplatz:

[www.muenchen.de/int/en/tourism/important-information/tourist-information.html](http://www.muenchen.de/int/en/tourism/important-information/tourist-information.html)

More information about Munich's transport network is available at:

[www.mvv-muenchen.de/en/index.html](http://www.mvv-muenchen.de/en/index.html)

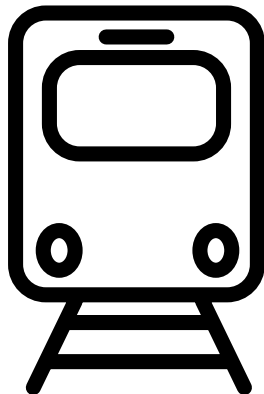






Foto: © München Tourismus, Christian Kasper

# Learn Bavarian!

Bavarian (Bayerisch) is one of the Upper German languages spoken in Bavaria. Several dialects are spoken in Bavaria. In the north, the Franconian dialect is widespread, in Swabia the local dialect is Swabian. In the Upper Palatinate, people use the Northern Bavarian dialect that varies from region to region. In Upper and Lower Bavaria, Bavarian is the main dialect. Although Bavarian as a spoken language is in daily use locally, Standard German, often with a strong regional influence, is preferred in the media and for official occasions. There is a Bavarian Wikipedia and the official FC Bayern Munich website is also available in Bavarian.

## Here are some useful phrases to whet your appetite!

Bavarian	English	Standard German
Servus!	Hello!/Bye!	Hallo!/Tschüss!
Grias di!	Hello!	Grüß dich!
Pfiad di!	Goodbye!	Tschüss!
Wia gäds da?	How are you doing?	Wie geht es dir?
I mog di.	I love you.	Ich liebe dich.
An guadn!	Enjoy your meal!	Guten Appetit!
A Maß	One litre of beer	Eine Maß
Obazda	Mixed cream cheese	Obazda/Obatzter
Semmel	Bread roll	Brötchen
Buam	Boy	Junge
Madl	Girl	Mädchen
Was gscheids	not really translatable, but along the lines of "something decent"	Gescheit
Deppert	Stupid	Dumm
Host mi?	Do you understand me?	Verstehst du mich?
Basst scho.	Everything's alright.	Das passt.
Schleich di!	Go away please!	Geh weg!
Schmarrn!	That's nonsense!	Quatsch!

# Emergency services, pharmacies, Covid testing centres and legal advisory services

## Emergency services in Germany

In an emergency, you can call the following numbers from any telephone:

- Police: 110
- Fire: 112
- Ambulance: 112

## Out-of-hours pharmacies

To find one near you, enter your post code here: [www.aponet.de/apotheke/notdienstsuche](http://www.aponet.de/apotheke/notdienstsuche)

## Emergency medical assistance

Doctors on call, Elisenhof (near the main station): [www.kvb.de/service/patienten/aerztlicher-bereitschaftsdienst/bereitschaftspraxen/muenchen/elisenhof](http://www.kvb.de/service/patienten/aerztlicher-bereitschaftsdienst/bereitschaftspraxen/muenchen/elisenhof)

More information about emergency services and pharmacies can be found here: [www.muenchen.de/int/en/traffic/physically-challenged/emergency-services.html](http://www.muenchen.de/int/en/traffic/physically-challenged/emergency-services.html)

## Covid testing centres

[www.schnelltest-zentrum.de/en](http://www.schnelltest-zentrum.de/en)

## Studentenwerk legal advisory centre

[www.studentenwerk-muenchen.de/en/advisory-network/legal-advisory-service](http://www.studentenwerk-muenchen.de/en/advisory-network/legal-advisory-service)

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